



Our Youth Need Us.

Youth Mental Health First Aid.

Take

Take our FREE course to learn to identify the signs of mental health challenges in the youth in your life and how to get them the help they need.

To register visit: bit.ly/3rNFTvP

For more information, contact Anna MacDonald at 860-761-7099, amacdonald@jfshartford.org

For more information on Mental Health First Aid Training: www.mentalhealthfirstaid.org

Space available for upcoming classes held at the Mandell JCC!

February 6 & 7 | 9:00am-12:00pm

March 6 & 7 | 1:00-4:00pm

May 2 | 9:00am-4:00pm

May 19 | 9:00am-4:00pm

