STRENGTH

2023 ANNUAL REPORT



Jewish Family Services Embracing Possibility.



<section-header>Our Message STRONG ROOTS

Dear Friends,

Thank you for opening your hearts and minds to learn about Jewish Family Services of Greater Hartford. Our hope is that as you read about this past year of our services and programs, you will feel strengthened, encouraged, and supported.

While some tragedies are global and met with vast sympathy and support, others are personal and private, and those affected may feel alone. No one is alone at JFS! JFS is here for the community.

There is an artificial biosphere that was built in Arizona in the 1980s, a 3-acre entirely impermeable miniature world, sealed with steel and glass. This biosphere was complete with rainforests, deserts, and an ocean. Trees in the biosphere grew faster than they would in the wild. The trees would never completely mature though; they would eventually collapse. Without wind, the tree's root systems were never tested and therefore never strengthened.

We don't live life in a bubble. The rain falls, the wind blows, and that is precisely what strengthens us. This is not merely an unfortunate experience, but rather a part of life. JFS is here as we all live our lives — rain or shine. We support people during times of crisis, giving them encouragement as they weather their own personal storms. This helps strengthen their roots, making them more able to withstand the next bout of high winds.

In this annual report you will find stories of clients who benefited from our services, gaining strength and stability. We have highlighted our valued partners and donors without whom we simply could not do this critical work. We couldn't do it without you! You make our community and our biosphere much more conducive to health, growth, and strength.

From strength to strength,

KATIE HANLEY, LMSW Chief Executive Officer JUDITH R. ROSENTHAL Board President

Supporting Youth Mental Health

JFS fosters youth resilience by providing direct mental health support and training our community partner agencies that work with young people, strengthening their ability to address the challenges that youth face.



JFS increased its capacity for clinical services to better address individual needs, employing a total of seven professionals who work with children and young adults. We offer one-on-one and family therapy for children struggling with anxiety, sadness, loss, trauma, difficult peer relationships, sexuality and gender identity, ADHD, stressed family systems, developmental disability, and autism. We also provide support for parents navigating their child's social-emotional health. We accept all major insurance, including Medicare and Medicaid, and for those who are uninsured or underinsured, we offer services at a sliding scale or free of charge, ensuring that youth can access support without the barrier of cost.



72% OF TEENS IN OUR COMMUNITY FEEL THAT EDUCATING PARENTS, ADULTS WHO WORK WITH TEENS, SCHOOL OFFICIALS, AND THE PUBLIC IS THE BEST WAY TO SUPPORT TEEN MENTAL HEALTH.

On the community level, we have observed an increased willingness to discuss mental health with peers, parents, and community leaders. Our new Community Mental Health Liaison, a member of our staff, is working to build connections between youth-serving organizations and offers evidence-based trainings to facilitate peer and adult support networks for young people in need. JFS, in partnership with Jewish Federation of Greater Hartford, joined a national network engaging in this work. This initiative, named BeWell, shares best practices and helps JFS support young people right here in Greater Hartford.

This multipronged, collaborative community approach prioritizes children's mental health and helps set the foundation for mentally strong youth today, tomorrow, and well into the future.

> **Beweels** In partnership with a local school and teen organization, JFS's Community Mental Health Liaison offered a series for seventh graders to foster a healthy school culture and safe space where children feel like they belong and they can talk openly about mental health. This is just one of many offerings, and JFS has more programs planned.

Providing a Path to Financial Wellbeing

Comprehensive Community Supports (CCS) is a new program that pairs community members with a Client Support Specialist to assess their needs, find resources, and connect them with community support for financial wellbeing.

When we first met Tammy*, she hesitated to enroll in CCS. She did not want to take time away from other clients "that needed the assistance more." After learning about the program's tools and resources, she opened up about her challenges with debt and budgeting. Taking this first step to confront her financial issues made it possible for Tammy to work with our staff to come up with a plan.

Tammy's main goal was financial independence, but this goal was hindered by her low salary. We connected her with JFS's Money Coach and free professional courses available online. This helped her gain skills and confidence, resulting in a \$3,600 yearly raise!

Months into supporting Tammy, she unexpectedly lost a close family member. The Client Support Specialist was there for Tammy, who was grappling with the complications of not only the grief but legal and financial matters related to the estate of her loved one. Tammy and JFS have worked on a budget together, Tammy has been able to clear her debt, and she has started a retirement account. Now, she can make career choices without the burden of debt.

For people who are facing financial difficulties, one unexpected expense can lead to crisis. The reverse is also true, and one positive change can be transformative. This program is designed to be the difference that helps tip the scales towards a positive change.

People like Tammy may be on unstable footing, and need some encouragement, guidance, and moral support. JFS collaborates with CCS participants to help them build a scaffold for growth that secures their financial future.



Client increases in financial security/assets as a result of CCS:

OVER \$11,800 TOTAL INCREASE IN CLIENT FINANCES/ASSETS

*Name changed

Anja Rosenberg Kosher Food Pantry

Over the past two years, the Anja Rosenberg Kosher Food Pantry has expanded its reach and broadened its offerings.

In a recently renovated space, we provide a complete grocery shopping experience that features a glass-front refrigerator filled with eggs and baked goods; baskets brimming with apples, oranges, carrots, and onions; shelves packed with cereal, pasta, beans, and challah; and even a pet food and supply section. In a testament to the memory of Gene Rosenberg's boundless generosity, JFS received enough community donations to add additional freezer and refrigerated storage space. This important resource helps ensure that we are always able to have pantry favorites on hand and prevents food from spoiling.

This year, JFS launched The Spice Project, gathering groups of volunteers to package a variety of cooking spices for people who rely on the Anja Rosenberg Kosher Food Pantry. These ingredients have transformative power in the kitchen and are often difficult for families to prioritize on a limited budget. The addition of these spices is just one of the many things that make the Anja Rosenberg Kosher Food Pantry special.





The food pantry is the heart of JFS, a bright, welcoming space that offers an abundance of fresh food, pantry staples, household items, and special holiday meals to make sure that families have

LAST YEAR, THE FOOD PANTRY PROVIDED BI-WEEKLY FOOD AND BASIC HOUSEHOLD ITEMS TO 424 INDIVIDUALS.

all they need to celebrate with their loved ones. The Anja Rosenberg Kosher Food Pantry is a place for families to turn when they are struggling, possible only through the unwavering support of the community volunteers and donors who built a solid foundation that allowed the pantry to grow and flourish. This resource stands as a tribute to the warmth, fortitude, and generosity of our community, seeding a legacy that will help people for generations to come.

Legacy of Hope: Russian-Speaking Holocaust Survivors

Lucy arrived in the US on October 28, 1982, after a 34-day journey from Odessa. She and her family were persecuted in the Soviet Union for being Jewish, experiencing job loss and three years as "refuseniks" before emigrating.



Once herself a JFS client settling in West Hartford, Lucy now works at the Mandell JCC and JFS connecting with Russian-speaking survivors of the Holocaust and others in need of support.

Lucy and three current JFS clients shared their stories one day over tea. Each talked about their experiences putting down strong roots for their families here in America after living through the Holocaust and persecution as Jews. Larisa, a medical doctor. Bronya, a mathematics professor with a Ph.D. in Calculus. Gennadiy, an engineer. Each denied the ability to emigrate to Israel with their families by the



Soviet government, and in some cases punished for even making the request. They or their family members were fired from their jobs, denied work, and then, sadly, incarcerated for not working. Their status as 'refusenik' lasted years.

Now, Larisa, Bronya, and Gennadiy receive support from JFS including funding from the German Government through the Claims Conference, covering a range of needs from homecare for prolonging independence to a power recliner for mobility assistance. Lucy, along with her colleagues at JFS, work closely to help survivors stay in their homes and thrive in our community.

Connecting Hearts, Enriching Lives: The Power of Community Involvement

Meet Emily*, a cherished grandmother whose world once revolved around family gatherings and the warmth of loved ones. As time passed, she found herself feeling increasingly isolated and vulnerable. Emily's family, like many in our community, faced the challenge of navigating the complexities of her healthcare needs, feeling overwhelmed and uncertain.



LAST YEAR CARE AT HOME BY JFS PROVIDED 147,866 HOURS OF IN-HOME CARE TO OLDER ADULTS IN OUR COMMUNITY.



In these moments of need, Care at Home by JFS became a beacon of support, making a profound difference in Emily's life. Our team of compassionate caregivers offered non-medical assistance, companionship, and a caring presence. They shared stories, laughter, and helped Emily rediscover her love for life.

What emerged was a transformation in Emily's well-being. Through the unwavering support of Care at Home by JFS, Emily's life wasn't merely prolonged, it was enriched in ways that transcended expectations. This is the heart of what we do — bringing comfort, dignity, and compassion to our community's older adults.

Our Mission: Brighter Days for Cherished Seniors

Care at Home by JFS is committed to touching lives like Emily's, and heartwarming stories like hers are shared and echoed throughout our community. Care at Home by JFS invites the community to be a part of this uplifting journey. One of the best parts of Care at Home by JFS's mission is that all proceeds support JFS's programming and subsidize services for people of all ages. Together, JFS, Care at Home by JFS, and this community make every day brighter for the cherished seniors in our community.

*Name changed

JFS Programs

JFS works holistically, providing a solid foundation of support that helps individuals grow, thrive, and embrace possibility.

- The Anja Rosenberg Kosher Food Pantry provides food to anyone in need, whether it is an ongoing need or a one-time crisis. In a grocery store-style setting, we offer fresh produce, eggs, pantry staples, spices, pet food, diapers, paper goods, and also provide Nutritional Counseling with a volunteer nutrition consultant.
- **Psychiatric and Counseling Services** with caring, licensed clinicians for children, adolescents, adults, families, and older adults.
- Community support for Youth Mental Health addresses youth mental health right here in our community, providing tools, support, and knowledge to help young people thrive.
- The Holocaust Survivors Program provides emergency assistance for low-income survivors, and works closely with clients to make sure they have all they need to live life as fully as possible.
- Support for Russian-Speaking Older Adult refugees from the former Soviet Union, providing translation, food access, access to benefits, help navigating medical bills, and much more.
- Technology Supports for Older Adults including Uniper, isolation-reducing TV-based technology; and Memory Lane TV, a scientifically researched support for older adults with memory loss.
- The Victims of Crime Act (VOCA) Case Management Program aids survivors of crime as they navigate the court system, helps them find the resources they need, and promotes healing in the aftermath of crime.
- The Temporary Assistance for Needy Families (TANF, formerly Welfare to Work) Case Management Program helps TANF recipients as they develop life goals, increase their income, and avoid eviction or utility shut-off notices.
- Care at Home by JFS provides in-home support for older adults, helping them age in place with a team of caregivers who help with activities of daily living. Care at Home by JFS operates as a dynamic social enterprise. The income from these services both sustain the program, and also fuel the provision of free and subsidized services for the broader community.
- **Comprehensive Community Supports** offers holistic case management that helps people access essential support and tools that reduce barriers to financial independence.
- The Money Coach helps people take charge of their finances and their lives with expert help from a volunteer CERTIFIED FINANCIAL PLANNER[™].
- JFS works with partners to support Refugees, helping newcomers who have endured hardship to meet basic needs and acclimate to life in our community.















JFS helped over 2,300 people overcome barriers and lay a solid foundation for wellbeing.

INDIVIDUALS SERVED IN FY2023

Anja Rosenberg Kosher Food Pantry **424**

Nutritional Counseling

Counseling Services
353

Youth Mental Health Support 296

Holocaust Survivors Program

Russian-Speaking Older Adults

243

Uniper and Memory Lane TV

Victims of Crime Act Case Management (VOCA)

Temporary Assistance for Needy Families Case Management (TANF)

Care at Home by JFS

86

Comprehensive Community Supports

Money Coach

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Refugee Support

Jewish Employment Transition Services (JETS)

TOTAL SERVED UNDUPLICATED:

2,358

Major Grants and Funding

Gifts made between July 2022 and June 2023.

GRANTOR	
Ensworth Charitable Foundation, Bank of America, N.A., Trustee, Comprehensive Community Supports Program	\$15,000
Farmington Bank Community Foundation, Comprehensive Community Supports Program	\$5,000
Maximilian and Marion O. Hoffman Foundation, Technology & workflows	\$50,000
Jewish Federation of Connecticut (JFACT) DSS ORR, Refugee support	\$8,679
Jewish Federation of Greater Hartford	\$265,500
Jewish Federation of Greater New Haven, Uniper and Memory Lane TV Program	\$25,000
Jewish Federations of North America (JFNA), Youth mental health, Refugees, Holocaust Survivors Program	\$42,500
Jewish Teen Learning Connection (JTConnect), LGBT+ youth mental health	\$2,500
The JFNA Center on Holocaust Survivor Care and Institute on Aging and Trauma & NJHSA, Uniper and Memory Lane TV Program	\$40,243
KAVOD SHEF, Holocaust Survivors Program	\$25,000
George A. & Grace L. Long Foundation, Bank of America, N.A., Trustee, Anja Rosenberg Kosher Food Pantry	\$3,500
The M&T Charitable Foundation, Comprehensive Community Supports Program	\$2,500
Micah Philanthropies, Comprehensive Community Supports Program \$250,000.00 over 4 years *Recognized as \$75,000 in FY2023 audit	\$250,000*
William and Alice Mortensen Foundation, Uniper	\$5,000
The Natan Fund, Comprehensive Community Supports Program	\$36,000
North Central Area Agency on Aging (NCAAA), Russian-speaking Holocaust survivors	\$74,193
NTEN, Technology	\$62,500
Orthodox Union, Anja Rosenberg Kosher Food Pantry	\$2,500
RBC Foundation - USA, Comprehensive Community Supports Program	\$10,000
State of CT Case Management Program for TANF and VOCA Recipients	\$142,543
Town of West Hartford ARPA Funding, Youth mental health	\$10,000
Workers Compensation Trust, Care at Home by JFS	\$7,500

CONFERENCE ON JEWISH MATERIAL CLAIMS AGAINST GERMANY, INC. (THE CLAIMS CONFERENCE)

Social services for Jewish Nazi victims have been supported by grant funding from the Conference on Jewish Material Claims Against Germany. All Holocaust Survivors Program funds are granted on a calendar year basis. Jewish Family Services of Greater Hartford administers this program for all Survivors in the State of Connecticut.

German Government Grant, Homecare, and Other Services	\$1,773,606
Harry and Jeanette Weinberg Holocaust Survivor Emergency Assistance Fund**	\$28,928

Amount of direct aid provided to Holocaust Survivors, both Claims Conference and KAVOD SHEF: \$1,857,634

** Jewish Family Services of Greater Hartford received funds from the Harry and Jeanette Weinberg Holocaust Survivor Emergency Assistance Fund, administered by the Conference on Jewish Material Claims Against Germany for the benefit of Jewish Nazi victims.

HARTFORD FOUNDATION FOR PUBLIC GIVING	
Basic Human Needs Fund, Food Pantry and other basic needs	\$9,000
Hartford Foundation for Public Giving, Final payment executive transition grant	\$28,660
Nonprofit Support Program NSP Financial Management Assessment Continuation Grant	\$25,000

Jewish Community Foundation

Gifts made between July 2022 and June 2023.

FUND	PROGRAM
Helene Alisberg Children's Fund	Benet A. Rothstein Child Services Program
Annie's Fund	General operating support
Annie's Fund	Anja Rosenberg Kosher Food Pantry
Anonymous XI Fund	Mental health counseling
Beatrice Fox Auerbach Foundation Fund	Comprehensive Community Supports program
Beatrice Fox Auerbach Foundation Fund/Koopman Share - DBK	Client transportation
Beatrice Fox Auerbach Foundation Fund/Koopman Share - DBK	Comprehensive Community Supports program
Beatrice Fox Auerbach Foundation Fund/Koopman Share - DBK	Holocaust survivor support
Beatrice Fox Auerbach Foundation Fund/Koopman Share - DBK	General operating support
Beatrice Fox Auerbach Foundation Fund/Koopman Share - DBK	JWI* community response team to address domestic violence
Beatrice Fox Auerbach Foundation Fund/Koopman Share - RK	Client transportation
Beatrice Fox Auerbach Foundation Fund/Koopman Share - RK	Comprehensive Community Supports program
Beatrice Fox Auerbach Foundation Fund/Koopman Share - RK	Holocaust survivor support
Beatrice Fox Auerbach Foundation Fund/Koopman Share - RK	General operating support
Beatrice Fox Auerbach Foundation Fund/Koopman Share - RK	JWI* community response team to address domestic violence
Beatrice Fox Auerbach Foundation Fund/Koopman Share - TK	Client transportation
Beatrice Fox Auerbach Foundation Fund/Koopman Share - TK	Comprehensive Community Supports program
Beatrice Fox Auerbach Foundation Fund/Koopman Share - TK	Holocaust survivor support
Beatrice Fox Auerbach Foundation Fund/Koopman Share - TK	General operating support
Beatrice Fox Auerbach Foundation Fund/Koopman Share - TK	JWI* community response team to address domestic violence
Ida and Louis Blum Fund	Chronic needs program
Samuel and Frances Blumenthal Fund	General operating support
Lawrence S. and Arline "Lonnie" Brick Fund	General operating support
David L. and Barbara E. Brown Family Fund	Embrace-A-Child
Jerry and Libbian Cohen Family Fund	Anja Rosenberg Kosher Food Pantry - Hunger Event
Jerry and Libbian Cohen Family Fund	General operating support
Naomi and Michael Cohen Fund for Jewish Family Services	General operating support
Penny H. Cohn Fund for Indigent Elderly	Mental health care for low income older adults
Penny H. Cohn Fund for Indigent Elderly	Transportation for low income older adults
Konover Coppa Family Designated Fund	General operating support
Morrison Danaher Family Fund	General operating support
Primason Dorman Family Fund	General operating support
The Paula and Norbert Eisen and Charlotte and Milton Yass Fund	General operating support
Emmy and Steve Fast Fund for Jewish Family Services	General operating support
Hinda N. Fisher Designated Fund	Older adults
Fox Family Fund	Anja Rosenberg Kosher Food Pantry
Irving and Evelyn B. Gilman Family Fund	Comprehensive Community Supports program
Irving and Evelyn B. Gilman Family Fund	Holocaust survivor support

FUND	PROGRAM
Ida C. and Milton Gladstein Family Fund	General operating support
Ida and Milton Gladstein Fund	General operating support
Karen and Gerald Goldberg Fund	Comprehensive Community Supports program
Karen and Gerald Goldberg Fund	Anja Rosenberg Kosher Food Pantry
Harry E. Goldfarb Family Foundation Fund II	Anja Rosenberg Kosher Food Pantry Thanksgiving Meals
Harry E. Goldfarb Family Foundation Fund II	General operating support
Ellen Jeanne Goldfarb Memorial Fund	Embrace-A-Child
Rona Gollob Fund	Embrace-A-Child
The Helping Fund II	Client basic needs
Jewish Community Foundation of Greater Hartford	Clinical Services Evaluation
Jewish Family Services Board Fund	General operating support
Jewish Family Services Endowment Fund	General operating support
Jewish Family Services Legacy Fund	General operating support
Jewish Hartford Rapid Relief and Recovery Fund	Youth Mental Health
Johnston Family Fund for Jewish Family Services	General operating support
Louis Joseloff Foundation Fund I	Holocaust survivor support
Robert Kennedy Charitable Fund	Mental health counseling
Robert Kennedy Charitable Fund	Holocaust survivor support
Deborah and Steven Kleinman Designated Fund	General operating support
Michele G. and Dane R. Kostin Family Fund	Embrace-A-Child
Kostin JFS Fund in memory of Jean & Gersh Weil & Lou Goldstein	General operating, with a priority given to Jessie's Community Garden and programs related to feeding the hungry
Bernard Lieberman Memorial Fund	In-home counseling services for older adults
Mark and Merrill Mandell Fund for Jewish Family Services	General operating support
Peggy and Alan Mendelson Fund	Mental health counseling
David and Lauri Miller Family Fund for Jewish Family Services	General operating support
Regina H. and Paul P. Mitnick Fund	Holocaust survivor support
Janet and Harold Moskowitz Fund	Holocaust survivor support
Reynolds Charitable Foundation Fund	General operating support
Lea and Richard Rubenstein Fund for Jewish Family Services	General operating support
Gideon and Mary Rutenberg Family Fund	General operating support
Sharon Levine-Shein and Bruce Shein Fund for Jewish Family Services	Anja Rosenberg Kosher Food Pantry
Lewis S. and Sylvia C. Sheketoff Jewish Family Services Fund	General operating support
Felix and Helene Springer Fund for Jewish Family Services	General operating support
Raymond S. and Gail Weinstein Fund	Chronic needs program
Genevieve and Joseph Weinstein Fund for Senior Adults	Transportation for older adults
Genevieve and Joseph Weinstein Fund for Senior Adults	Uniper
Zachs Family Fund	General operating support
Zoë Isabelle Zachs Fund	Mental health counseling

Revenue and Expenses

PROGRAM REVENUE	
Grants & contributions	\$3,390,765
Contributed nonfinancial assets	\$130,641
Fee income (including Care at Home by JFS)	\$4,666,796
Other	\$2,362
TOTAL REVENUE	\$8,190,564

EXPENSES	
Clinical Programs	\$1,044,676
Holocaust Survivors Program	\$1,467,794
Community Programs	\$841,759
Care at Home by JFS	\$2,951,315
TOTAL PROGRAM EXPENSES	\$6,305,544
General and Administrative	\$1,057,540
Fundraising	\$448,248
TOTAL EXPENSES	\$7,811,332

Financial statements as of and for year ended June 30, 2023, were prepared by JFS. Whittlesey provided audit opinion in accordance with auditing standards generally accepted in the United States of America. Fiscal year is July 1, 2022, through June 30, 2023. Copies of completed JFS audit are available at jfshartford.org.

We Gratefully Acknowledge the Ongoing Support of Our Major Partners



ועידת התביעות Claims Conference The Conference on lewish Material Claims Against Germany www.claimscon.org





ewish

Federation





Our Donors

Gifts made between July 2022 and June 2023.

We strive to recognize our donors accurately and in accordance with individual preferences. Please inform us of any errors by emailing info@jfshartford.org or calling 860.236.1927. Please accept our apologies for any oversight.

\$10,000 +

Chase Family Foundation Naomi and Michael Cohen Dornam Foundation Harry E. Goldfarb Family Foundation Amy and James Goldman Merrill and Mark Mandell The Rosenberg Family Sarah and Rob Rosenberg Barbara Roth Temple Beth Tefilah, Inc. Lori and David Wetsman

\$5,000 - \$9,999

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\$500 - \$999

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