

Contact Cathy Bergstrom
cbergstrom@jfshartford.org
860-236-1927 x7130
860-841-0653



PRESS RELEASE

Navigating Divorce? Learn how with less stress.

Splitting up is painful; don't do it in the dark. Learn valuable information and ask questions during this unique offering by Jewish Family Services. A panel of experts including two attorneys, a financial strategist, a mental health professional, and a divorce recovery coach will share their expertise and insights with you in this 90-minute seminar.

Whether you're just deciding to file or are waist-deep in the process, there is valuable information for everyone. Attend and walk away with an understanding of the pros and cons between mediation, collaborative divorce, and litigation. Learn the possible outcomes inside and outside of court. Learn how to move beyond your own anger and hurt to focus on helping your children cope. What are the financial questions you should be asking?

Join us at JFS at 333 Bloomfield Avenue in West Hartford on Tuesday, March 24, 5:30 to 7:00 p.m. Come to the Federation Board Room.

Visit www.jfshartford.org or call 860-236-1927 for more information and to register. \$49 registration fee.

###