

Jewish Family Services

West Hartford, CT

e-Generations

Summer 2015

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Family Champions Celebration



(l-r: Kathy Brennan Deputy Commissioner of DSS , Nancy Lichtenberg, JFS staff, Amy Goldman, JFS Volunteer, Jim Goldman, JFS Money Coach Volunteer, Felice Goldman, JFS Volunteer, Anne Danaher, JFS Executive Director, Bill Hass, CEO of Lifebridge Community Services and President of CCFSA Board of Directors)

"We are thrilled for the recognition of our staff and volunteers," announced Anne Danaher, Executive Director. At the recent Celebration of Family Champions hosted by CT Council of Family Service Agencies, Nancy Lichtenberg, LCSW and the Goldman family were recognized.

Nancy has been a Clinical Social Worker with JFS for 13 years. With expertise in divorce, custody, and co-parenting, Nancy is a Parent Education Program facilitator and leads our Focus on Kids program.

Felice Goldman, her son Jim, and daughter-in-law Amy have been volunteering at JFS for a combined total of 18 years so far. Felice and Amy volunteer regularly in the Kosher Food Pantry. Jim, a Certified Financial Planner, volunteers a day each week as the JFS Money Coach, donating his time and expertise to those facing financial challenges.

Support Annual Friends Campaign

Jewish Family Services relies on the generosity of people like you to maintain the vital programs and services for our community.

Because of your support of the Annual Friends Campaign, every day Jewish Family Services helps people achieve the goal of ***embracing possibility*** through...

- Sending a social worker to meet with a lonely, recently widowed 89-year-old to assess his needs and connect him to community services and a JFS "Friendly Visitor" volunteer
- Providing a network called JETS (Jewish Employment Transition Services) for unemployed people to support each other and exchange leads in the job search process
- Addressing the medication management needs of a 9-year-old with autism spectrum disorder
- Helping older adults, who want to stay in their homes in a safe environment, to find caregivers
- Distributing food, including fresh vegetables and dairy products, to those who are too often too hungry

As our fiscal year comes to an end on June 30, 2015, we hope we can count on you because people in need count on Jewish Family Services. For more information, please contact Kim Margolis, Director of Development, at 860.236.1927 ext. 7091

Thank you for helping to strengthen the community of greater Hartford.

DONATE NOW

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AmazonSmile is a simple and automatic way for you to support Jewish Family Services every time you shop, at no cost to you. When you shop at smile.amazon.com, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon, with the added bonus that Amazon will donate a portion of the purchase price to JFS.

On your first visit to AmazonSmile (smile.amazon.com), you need to select

Jewish Family Services of Greater Hartford to receive donations from eligible purchases before you begin shopping. We will remember your selection,

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Jewish Family Services Supports Autism Speaks

More than 7,000 attendees participated in the 10th annual Greater Hartford Walk Now for Autism Speaks at Rentschler Field in East Hartford, CT. Longtime supporter "Munchie" from Kiss 95.7, an autism father, emceed the event and got the crowd excited to walk. Teams that have walked for each of the ten years were honored and had raised almost \$400,000 to date combined.



Jewish Family Services of Greater Hartford sponsored one of the Water Stations on the route. This year's event raised almost \$300,000 in support of Autism Speaks' mission to fund research, increase awareness and family services, and advocate for individuals with autism and their families. To view a video of the walk: <https://youtu.be/oq65jrwxEdI>

Jessie's Garden at Jewish Family Services



Jessie's Garden at Jewish Family Services is off to a great start this season! Volunteers attended the kick off "Planting Party" and worked as a team. Although the weather was chilly their spirit was high. The adults and kids enjoyed themselves as they prepared the soil, added compost, and planted veggies that will be distributed to food pantry clients throughout the season. Thank you to the JFS Garden Volunteers.

Life Coach Comes to JFS

"We are glad that Julie Connolly, certified life coach, is available to offer life coaching through our office," announces Anne Danaher, Executive Director, Jewish Family Services of Greater Hartford. Life coaching is short term and goal focused for people who are ready to tackle the next step in their lives.



"Clients appreciate my direct style and know that I will speak the truth as I observe it," explained Julie. "They experience me as invested in their development and as an enthusiastic supporter of their dreams. My coaching style blends humor with honest, straightforward communication."

Julie's life coaching emphasizes understanding the nature of transition, creating a life vision that aligns with clients' values and recreating meaning in the wake of significant life events. She also designs and leads workshops focused on divorce recovery, personal power, boundaries, and work/life integration.

To schedule an appointment, call 860-236-1927 x7129. For more information on Julie, visit www.liferecrafted.com



333 Bloomfield Avenue, Suite A, West Hartford, CT 06117
860-236-1927 info@jfshartford.org